



ROLL-UPS

Choice of white or wheat tortilla, Italian, French or Scali bread

- R 1. California**  **7.75**
Cheddar cheese, avocado, onions, alfalfa sprouts, herb vinaigrette dressing, tomatoes, and mixed greens
- R 2. Fresh Veggie**  **7.75**
Cheddar cheese cucumbers, green peppers, mushrooms, onions, alfalfa sprouts, herb vinaigrette dressing, tomatoes, and mixed greens
- R 3. Hummus & Veggie**  **7.75**
Hummus, cucumbers, green peppers, mushrooms, onions, alfalfa sprouts, herb vinaigrette dressing, tomatoes, and mixed greens
- R 4. Greek**  **7.75**
Feta cheese, cucumbers, green peppers, onions, black olives, herb vinaigrette dressing, tomatoes, and mixed greens.
- R 5. Chicken Tarragon Salad** **8.25**
Chicken tarragon, mixed greens, and tomatoes
- R 6. Tuna Cilantro Salad** **8.25**
Tuna cilantro, mixed greens, and tomatoes
- R 7. Smoked Turkey** **8.25**
Choice of Mayo, Dijon, or Honey mustard
Smoked Turkey, mixed greens, and tomatoes
- R 8. Honey Baked Ham** **8.25**
Choice of Mayo, Dijon, or Honey mustard
Honey baked ham, mixed greens, and tomatoes
- R 9. Marinated Roasted Chicken** **8.95**
Marinated roasted chicken, onions, alfalfa sprouts, herb vinaigrette dressing, mixed greens, and tomatoes
- R 10. Chicken Tarragon Club** **8.95**
Chicken Tarragon, mixed greens, bacon, and tomatoes
- R 11. Smoked Turkey Club** **8.95**
Smoked turkey, bacon, mayo, mixed greens, and tomatoes

ADD-ONS

Avocado, Hummus or Cheese \$1 Bacon \$1.5 Chicken \$2.5

1/2 ROLL-UP With Soup or Fruit Salad

From R 1. -R 8. **\$9.25**

From R 9. -R 16. **\$9.95**

Signature Items

- R 12. California w/ Chicken or Tuna** **9.75**
Chicken or Tuna, cheddar cheese, avocado, onions, alfalfa sprouts, herb vinaigrette dressing, tomatoes, and mixed greens
- R 13. Greek w/ roasted Chicken** **9.75**
Chicken, feta cheese, cucumbers, green peppers, onions, black olives, herb vinaigrette dressing, tomatoes, and mixed greens.
- R 14. Roasted Chicken w/ Avo** **9.75**
Marinated roasted chicken, avocado, onions, alfalfa sprouts, herb vinaigrette dressing, mixed greens, and tomatoes
- R 15. Chicken Tarragon Club w/ Avo** **9.75**
Chicken Tarragon, avocado, mixed greens, bacon, tomatoes
- R 16. Smoke Turkey Club w/Avo** **9.75**
Smoked turkey, bacon, avocados, mayo, mixed greens, and tomatoes
- H 1. Mediterranean Roll-Up** **9.75**
Marinated roasted chicken, mixed greens, onions, cucumbers, tomatoes, black olives, and dill tahini dressing
- H 2. Casa Caesar Salad** **9.95**
Romaine lettuce, croutons, tomatoes, avocado, marinated roasted chicken tossed with black pepper parmesan dressing (Caesar dressing without anchovies)
- H 3. House Panini** **9.95**
Fresh mozzarella, avocado, herb vinaigrette dressing, tomatoes, and marinated roasted chicken, or tuna cilantro
- H 4. Ciabatta Sandwich** **10.75**
Fresh Mozzarella on ciabatta with tomatoes, herb vinaigrette dressing served with soup or fruit salad.

HOMEMADE SOUP

Each day we offer a choice of 5 soups from our repertoire of 34 soups. All made fresh on the premises. Check online or our twitter feed to see what we are serving today.

12oz **\$4.95**

6oz **\$6.25**

32oz **\$9.95**

All soups are served with bread

FRESH FRUIT SALAD

12oz **\$4.25**

6oz **\$5.75**

32oz **\$8.95**



Grilled Sandwiches

All grilled sandwiches are on scali bread

- G 1. Grilled Avocado**  **10.75**
Alfalfa sprouts & provolone cheese W/ soup or fruit salad
- G 2. Grilled Turkey Cordon Bleu** **10.75**
Ham, swiss, tomatoes & honey mustard W/ soup or fruit salad
- G 3. Grilled Bacon, Tomato, & Cheese** **10.75**
Choices of swiss, provolone or american cheese W/ soup or fruit salad
- G 4. Grilled Ham, Swiss** **10.75**
Tomatoes & honey mustard W/ soup or fruit salad
- G 5. Tuna Cilantro Melt** **10.75**
American cheese W/ soup or fruit salad
- G 6. Marinated Roasted Chicken** **9.75**
Provolone cheese, tomatoes, onions, alfalfa sprouts, and herb vinaigrette
- G 7. Chicken Tarragon Melt** **9.75**
Bacon, provolone cheese, avocado, tomatoes, onions, & alfalfa sprouts
- G 8. Smoked Turkey and Avocado** **9.75**
Smoked Turkey, bacon, avocado, provolone cheese, tomatoes, onions, & alfalfa sprouts

Salads

Housemade Dressing: Herb Vinaigrette, Balsamic, Ranch, and Black Pepper Parmesan (Caesar without anchovies)

- S 1. Garden Salad**  **6.95**
Mixed greens, tomatoes, cucumbers, black olives, green peppers, onions, mushrooms, alfalfa sprouts, with herb vinaigrette dressing
- S 2. Greek Salad**  **7.95**
Mixed greens, tomatoes, cucumbers, black olives, green peppers, onions, feta cheese, with herb vinaigrette dressing
- S 3. Chicken Tarragon or Tuna Salad** **8.95**
Garden salad topped with chicken tarragon or tuna cilantro, and herb vinaigrette dressing
- S 4. Chicken Caesar Salad** **8.95**
Marinated roasted chicken, romaine lettuce, croutons, and black pepper parmesan dressing (Caesar dressing without anchovies)
- S 5. Special Roasted Chicken Salad** **9.75**
Garden salad topped with marinated roasted chicken, avocado, and herb vinaigrette dressing

BREAKFAST

Available after 11:00AM

B 1. Sun-Up and Go	4.75
Eggs and american cheese	
B 2. Sunrise Energy	5.95
Eggs, ham, and american cheese	
B 3. Wake Up Booster	5.95
Eggs, bacon strips, and american cheese	
B 4. Eggs and Veggie Roll-Up	5.95
Eggs, mushrooms, onions, green peppers, american cheese	
B 5. Western Sunrise	6.75
Eggs, ham, green pepper, onions, and american cheese	

BVERAGES

	Small	Large
Coffe	1.95	2.50
Hot Cocoa	1.95	2.50
Tea	1.95	2.50
Ice Coffee		2.50
Thai Iced Tea		2.95
Jasmine Iced Tea		2.95
Homemade Lemonade (Fresh Squeezed)		2.95
Smoothies		
Avocado Banana Smoothie		3.95
Fresh Fruit Blend Shake		3.95
Banana, Milk, and Honey		3.95

CATERING

All catering platters come with 3 quart soups along with seasonal fruit salad (120oz) or greek salad (120oz)

C 1. California Roll-Ups	4 x Halves
Hummus and Veggies	4 x Halves
Greek Roll-Ups	4 x Halves
	105.55
C 2. California Roll-Ups	4 x Halves
Smoked Turkey w/Avocado	4 x Halves
Greek Roll-Ups w/Chicken	4 x Halves
	114.75
C 3. Smoked Turkey Club	4 x Halves
Chicken Tarragon Club w/Avo	4 x Halves
Greek w/Roasted Chicken	4 x Halves
	116.75

ABOUT US

Sophie and I started here in 1997 and love everything about this neighborhood. It is my second home and our customers have become my friends. Our business is simple. We offer fresh, honest home cooked meals at an affordable price. In return, this neighborhood has kept us going for over 20 years.

Our kids are grown now and the world has changed, but we are still here to provide you with fresh meals and a friendly smile.

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♡ Support Small Business

We know the convenience that Grub Hub, Uber Eats and all the rest of the apps provide but they are not free. In fact, they charge very high commissions to us. By ordering through our website, we are able to keep our costs down and prices lower to you.

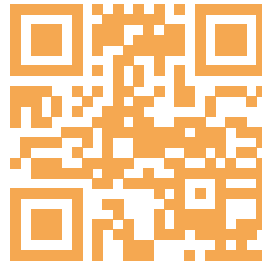
If you cannot pick up your meal and you need delivery, of course we would be happy to fulfill your order through these apps.

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Before placing your order, please inform us if a person in your party has a food allergy